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CENTER FOR DERMATOLOGY AND LASER SURGERY

5601 J Street

Sacramento, CA 95819

Patient: «Person_First_Middle_Last»

Procedure Date: «EMR_Date»

IPL TREATMENT AFTER CARE INSTRUCTIONS

- One may experience redness, mild swelling and a slight sunburn-like sensation the first 24 hours after each procedure. We recommend using cold packs on and off as needed. Avoid strenuous exercise and hot showers or baths. It is also helpful to sleep with your head slightly elevated with one or two extra pillows when the face or neck is treated.
- Prolonged sun exposure is to be avoided for three weeks before treatment and for three weeks after treatment.
- Avoid Topical Retinoid, glycolic acid, or salicylic acid for 2-3 nights.
- Continue to use nonsoap cleanser and moisturizer.
- Makeup may be applied immediately after the procedure unless a blister or scab results, in which case, an antibiotic ointment should be applied to keep the area moist and promote proper healing. If a blister or scab appears after the treatment, please inform the nursing staff.
- Use minimum SPF 30 UVA/UVB every day.
- Redness and swelling can last 1-3 days or longer.
- Call the office if there is any blistering.
- Call the office if you have any questions or concerns.