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CENTER FOR DERMATOLOGY AND LASER SURGERY

5601 J Street

Sacramento, CA 95819

Patient: _____

Procedure Date: _____

PERMANENT HAIR REDUCTION AFTER CARE INSTRUCTIONS

- It is normal to experience redness, swelling, bumpiness, and a sunburn-like sensation after permanent hair reduction laser treatment.
 - The treated area is no longer irritated usually within 3-5 days. You may apply cosmetics deodorant and shave over the treatment area after the irritation disappears.
 - Ice can be applied on and off as needed for the first 24 hours after treatment.
 - Avoid hot baths, saunas, steam rooms, and strenuous exercise for the first 24-72 hours.
 - Some areas of very coarse or dense hair may develop a darkened crust or scab post treatment. It is important to keep these areas clean and moist with healing ointment i.e. Vaseline or Aquaphor. Do not pick or scratch these areas.
 - Report any signs of infection. (i.e. redness, pain, discharge)
 - It is normal to continue to have hair growth for 2 weeks or more after your treatment. These hairs will eventually be shed and then you may have very little or no hair growth for 4-6 weeks.
 - Your next appointment should be scheduled 4-10 weeks after previous treatment.
 - Sun exposure should be avoided on the area you are treating. Should the area become tan or sun burn you should postpone your treatment at least 2 weeks.
 - Wear a minimum of SPF 30 UVA/UVB sun screen every day.
- Call the office if there is any blistering.