

Emil A. Tanghetti, M.D.
www.dermatologyandlasersurgery.com

916.454.5922
916.454.2156 fax

CENTER FOR DERMATOLOGY AND LASER SURGERY

5601 J Street
Sacramento, CA 95819

Patient:

Procedure Date:

PICOSURE LENS ARRAY AFTER CARE INSTRUCTIONS

- Warmth or heat sensation is expected and will last for about (1) hour. Apply cold wash cloth to face if needed for comfort.
- Avoid topical retinoid, glycolic acid, or salicylic acid for 3-4 nights.
- Use nonsoap cleanser and gentle moisturizer.
- Makeup may be applied the next day.
- Avoid sun exposure and use minimum SPF 30+ broad spectrum sunscreen every day, reapplying frequently.
- Redness and swelling can last 1-3 days or longer.
- There may be a slight darkening (bronzing) of the skin noticeable 3-10 days post treatment, and should resolve without intervention.
- Call the office if you have any blistering or have any questions or concerns.