

Emil A. Tanghetti, M.D.
www.dermatologyandlasersurgery.com

916.454.5922
916.454.2156 fax

CENTER FOR DERMATOLOGY AND LASER SURGERY

5601 J Street
Sacramento, CA 95819

Patient:

Procedure Date:

PATIENT INSTRUCTIONS MELASMA/FRECKLES

AM:

1. Wash with a nonsoap cleanser
2. Apply a (gentle) benign moisturizer
3. Apply an SPF 30+ with zinc oxide AND reapply regularly throughout the day

PM:

1. Wash with a nonsoap cleanser
2. Apply Triluma (only on dark areas) for 3 months
3. Apply moisturizer to face.

****** After done with 3 month course of Triluma return to Skin Corner for evaluation and further instructions******

- No scrubs or cleansing brushes (while acclimating)
 - No irritants (glycolic, AHA, BHA, etc.)
 - No toners
 - No waxing
 - Do not apply when skin is HOT (after showering, workout)
 - Can not use if pregnant or nursing or trying to become pregnant
-

Emil A. Tanghetti, M.D.

www.dermatologyandlasersurgery.com

916.454.5922

916.454.2156 fax

CENTER FOR DERMATOLOGY AND LASER SURGERY

5601 J Street

Sacramento, CA 95819

Patient:

Procedure Date:

If you have any questions, please call us in the Skin Corner.

These steps are very important for ensuring you have the best experience while acclimating to this active prescription. Some dryness, flaking, or redness is normal, and you may need to use more of your benign moisturizer during this time. If discomfort is excessive please call the Skin Corner for further instructions. Results will be seen after several months of consistent nightly use.

Please Note: We are unable to return any prescription due to regulations. Thank you for understanding.
